

IRISH DRUG FREE POWERLIFTING ASSOCIATION
Irish Powerlifting Championships 2007
Castleblayney - 31/03/2007 - 1/4/2007

		W.Cl.	U/E	Competitor Name		age	cat	B.W.	Squat	Bench	Deadl.	TOTAL	POINTS	
w	1	1	58.5kg	U	Orla SMITH	Navan	40	M1	57.4	85 WR	50 ER	120 WR	255 WR	227.664
w	1	1	80kg	U	Gillian RODDIE	Dublin	27	Open	77.9	130 WR	62.5 NR	150 ER	342.5 ER	240.469
											158 WR			
w	1	1	58.5kg	E	Orla SMITH	Navan	40	M1	57.9	117.5 ER	62.5 ER	115 ER	295 ER	261.459
	1	1	56kg	U	Justin GAVIGAN	Rathcore	26	T3	56	115	90	185 WR	390 WR	341.172
	2	1	56kg	U	Lee FITZGERALD	Clara	16	T2	52.5	75	47.5	140 WR	262.5	247.013
	3	1	56kg	U	Craig O HARA	ACE	19	T3	52.7	80 ER	47.5 NR	120 ER	247.5 ER	231.858
	1	1	60kg	U	Cathal DOYLE	ACE	18	T3	58.5	90 WR	57.5 NR	157.5 WR	305 WR	254.523
	2	1	60kg	U	Christopher CORNALLY	Clara	17	T2	59.3	100	57.5	142.5	300	246.84
	3	2	60kg	U	Ron RYAN PALISOC	Rathcore	25	Open	60	100	75	120	295	239.776
	4	1	60kg	U	Evan KIRWAN	Clara	15	T1	59.3	75	47.5	125	247.5	203.643
	5	2	60kg	U	Christopher KAVANAGH	ACE	15	T1	56.9	80	45	115	240	206.328
	1	1	67.5kg	U	Scott MC CONNELL	Belfast	31	Open/MPF	64.9	132.5 WR	142.5 WR	200 WR	475 WR	357.39
	2	1	67.5kg	U	Kieran MCKEAGNEY	Omagh	43	M1	66.3	155 NR	105 NR	182.5 NR	442.5 NR	326.432
										107.5 NR	190 NR			
	3	1	67.5kg	U	Patrick GORMLEY	Omagh	18	T3	63.8	120	80	153 NR	352.5 NR	269.557
	4	1	67.5kg	U	Mark MCKEAGNEY	Omagh	15	T1	64.9	100	62.5	140	302.5	227.601
									106					
	5	2	67.5kg	U	Daniel JEFFERIES	Clara	15	T1	62.5	100	55	142.5 ER	297.5	232.11
	6	1	67.5kg	U	Aaron NOLAN	Carlow	16	T2	67.4	40	40	120	200	145.36
	1	1	75kg	U	David MARTIN	Rathcore	31	Open	73.8	170	122.5	215	507.5	341.548
	2	2	75kg	U	Ian GAVIGAN	Rathcore	30	Open	70.1	157.5	97.5	212.5	467.5	328.279
	3	1	75kg	U	Roy SCOTT	Navan	45	M2	74.6	150	102.5	175	427.5	285.271
	4	1	75kg	U	James KAVANAGH	ACE	41	M1	73.1	140	90	190	420	284.844
	5	1	75kg	U	Saurabh KAMPLE		23	Jnr	74.9	120	100	200 NR	420 NR	279.384
											205 NR			
	6	1	75kg	U	Daniel LYNCH	Omagh	16	T2	72.6	110	105.5 NR	170	385	262.57
	7	1	75kg	U	Craig MARKS	Lisburn	14	T1	74.1	95 ER	55 NR	105 NR	255 NR	171.054
	8	2	75kg	U	Mikey MCCANN	Carlow	16	T2	69.2	65	60	115	240	170.424
	9	3	75kg	U	John GOWRAN	Clara	16	T2	68.4	70	45	110	225	161.415
	10	2	75kg	U	Josh FITZHENRY	Carlow	15	T1	71.6	60	45	105	210	144.858
	11	Guest	75kg	U	Zach FITZHENRY	Carlow	12	12	74.8	60	35	70	165	109.874
	1	1	82.5kg	U	John RYAN	Coan	33	Open	82.1	220	135	265	620 NR	385.268
	2	2	82.5kg	U	Mark MC CONNELL	Belfast	35	Open	81.9	180	165	230	575	357.88
	3	1/1	82.5kg	U	Thomas COYLE	Monaghan	42	M1/MPF	82.4	150.5 NR	85	230 NR	465	288.207
	4	1	82.5kg	U	Matthew KIRWAN	Clara	17	T2	82.5	130	97.5	210 NR	437.5 NR	270.944
	5	2	82.5kg	U	Ricky CHISM	Omagh	16	T2	78	140	101 NR	185	425	274.04
	6	3	82.5kg	U	Darren MURPHY	Omagh	16	T2	76.3	100	90	140	330	216.381
	---		82.5kg	U	James SCOTT	Navan	18	T3	81.8	130	70	0	---	---
	---		82.5kg	U	Michael HANNON	Rathcore	20	Jnr	81.8	0	70	155	---	---
	1	1	90kg	U	Andrew SCULLY	ACE	36	Open	89.8	185	140	237.5	562.5	329.681
	2	2	90kg	U	Warren YELVERTON	Killarney	34	Open	87.1	180	140	240	560	334.488
	3	3	90kg	U	Dessie DOYLE	ACE	27	Open	82.7	185	115	225	525	324.608
	4	1	90kg	U	Patrick BROGAN	Omagh	52	M3	89.4	172.5	127.5	222.5 NR	522.5	307.073
	5	4	90kg	U	David DOYLE	ACE	29	Open	88.5	180	100	230	510	301.614
	6	5	90kg	U	Leo MCCABE	Duneske	32	Open	88.5	160	125	200	485	286.829
	7	2	90kg	U	Ronnie MARKS	Lisburn	50	M3	88.6	170	112.5	200	482.5	285.158
	8	6	90kg	U	Stephen ROBSON	Rathcore	32	Open	83.2	155	110	212.5	477.5	293.997

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9	7	90kg	U	Donal KELLY	Coan	24	Open	85.5	150	112.5	187.5	450	272.025
10	1	90kg	U	Paul CONLON	Omagh	17	T2	83.1	110 NR	102.5 ER	170 NR	382.5 NR	235.697
11	2	90kg	U	Adam DELANEY	Clara	16	T2	85.4	105	65	155	325	196.625
	---	90kg	U	Finbarr O RIORDAN	Hercules	29	Open	88.2	0	105	210	---	---
	---	90kg	U	Johan FOURIE	GALWAY	25	Open	89.9	140	0	0	---	---
1	1	100kg	U	Laurence MCCONNELL	St. Gabriels	61	Open	100	220	135	245	600 WR	332.4
2	1	100kg	U	Eddy O BRIEN	ACE	41	M1	94.4	200	140	200	540	307.638
3	1	100kg	U	Shaun MCLAUGHLIN	Omagh	23	Jnr	92.6	170	125	225	520	299.416
4	2	100kg	U	Kieran DOLAN	Clara	30	Open	96.1	170	105	190	465	262.493
	---	100kg	U	Marcin MIKOLAJEWSKI	Galway	25	Open	96.9	175	0	0	---	---
1	1	110kg	U	James O CONNELL	Killarney	27	Open	109.9	265 NR	210	297.5	772.5 WR	414.524
2	1	110kg	U	James FENNELLY	Coan	23	Jnr	101.6	215	150	310	675	371.52
3	1	110kg	U	TJ MEEHAN	Clara	18	T3	102.7	210 WR	120	180	510 NR	279.531
4	1	110kg	U	Johnathan CATHCART	St. Gabriels	17	T2	101.3	130	112.5	200	442.5	243.818
1	1	125kg	U	Thomas FAHERTY	UL	27	Open	121.1	235 NR	145	290 NR	670 NR	352.353
2	2/1	125kg	U	Billy MEEHAN	Clara	40	Open/M1	111.2	230.5 NR	100	247.5 NR	577.5 NR	309.02
3	1	125kg	U	William JOHNSTON	St. Gabriels	60	M5	121.7	175 NR	110 WR	175 NR	460 NR	241.638
4	1	125kg	U	Nathan MEEHAN	Clara	14	T1	114.4	120 WR	70 WR	152.5 WR	342.5 WR	182.176
1	1	145kg	U	Anton ROONEY	Clara	27	Open	142.5	242.5	130	290.5 NR	662.5	331.648
1	1	56kg	E	Gerard KELLY	St. Gabriels	36	Open	52.3	135	95	175	405	382.806
1	1	82.5kg	E	Mark MANDARANO	Clara	40	M1	81.4	210	176.5 WR	200	585	365.684
2	1	82.5kg	E	Dessie DOYLE	ACE	27	Open	82.5	220	130	220	570	353.001
1	1	90kg	E	Patrik HALAI	Hercules	30	Open	87	220	165	225	610	364.658
2	2/1	90kg	E	James HANLEY	Hercules	20	Open/Jnr	89.1	190 NR	150 NR	220 NR	560 NR	329.784
1	1	100kg	E	Eddy O BRIEN	ACE	41	M1	96.5	247.5	172.5	232.5	652.5	367.553
2	2	100kg	E	Peter LEITCH	Bearcave	43	M1	98.7	220	160	215	595	331.594
1	1	125kg	E	William JOHNSTON	St. Gabriels	60	M5	122.1	215 NR	115 NR	182.5 NR	512.5 NR	268.96

Best Lifters:

Women, unequipped

1st Gillian RODDIE: 240.46925 Points

2nd Orla SMITH: 227.664 Points

Women, equipped

1st Orla SMITH: 261.4585 Points

Men, unequipped

1st James O CONNELL: 414.5235 Points

2nd John RYAN: 385.268 Points

3rd James FENNELLY: 371.52 Points

Masters: Men, unequipped

1st Laurence MCCONNELL: 332.4 Points

2nd Kieran MCKEAGNEY: 326.43225 Points

3rd Billy MEEHAN: 309.02025 Points

Men, equipped

1st Gerard KELLY: 382.806 Points

2nd Eddy O BRIEN: 367.55325 Points

3rd Mark MANDARANO: 365.6835 Points

Best Team

1st Clara

2nd Omagh

3rd ACE

