

IRISH DRUG FREE POWERLIFTING ASSOCIATION  
Irish Single Lift Championships 2007  
Tullamore - 09/09/2007

**Bench**

		W.Cl.	U/E	Competitor Name		age	cat	B.W.	Result	4th Lift	POINTS
w	1	1	63kg	U Orla SMITH	Navan	40	M1	59.3	50 NR*		43.44
w	1	1	63kg	E Orla SMITH	Navan	40	M1	59.3	62.5 WR*		54.3
	1	1	60kg	U Justin GAVIGAN	Rathcori	26	Open	58.7	100		83.16
	2	1	60kg	U Cathal DOYLE	ACE	18	T3	57.4	60		51.096
	1	1/1	67.5kg	U Scott MC CONNELL	Belfast	31	Open/MPF	66	145 WR†	150 WR†	107.416
	2	1	67.5kg	U Kieran MCKEAGNEY	Omagh	43	M1	66.6	110	112.5 NR*	80.817
	3	1	67.5kg	U Daniel JEFFREY	Clara	16	T2	65.2	65 NR*		48.698
	4	1	67.5kg	U Mark MCKEAGNEY	Omagh	15	T1	66.9	65 NR*		47.5605
	5	2	67.5kg	U Christopher CORNALLY	Clara	17	T2	60.5	62.5 NR*		50.3125
	6	2	67.5kg	U Evan KIRWAN	Clara	15	T1	63.2	50		38.585
	1	1	75kg	U Thomaz GRONOSTAJOKI	Tipperar	21	Jnr	73.8	145 NR*		97.585
	2	1	75kg	U David MARTIN	Rathcori	31	Open	74.6	122.5		81.7443
	3	2	75kg	U Des HUGHES	St Gabri	37	Open	72.1	110		75.449
	4	3	75kg	U Ian GAVIGAN	Rathcori	30	Open	71.2	105		72.7755
	5	1	75kg	U David DEEGAN	Galway	15	T1	71.5	70 NR*		48.342
	1	1	82.5kg	U Neil BRADLEY	Omagh	36	Open	81.6	105		65.5305
	2	1	82.5kg	U Michael HANNON	Rathcori	20	Jnr	81.2	75		46.965
	1	1	90kg	U Maksims SELICKIS	Latvian	27	Open	88.4	155		91.729
	2	2	90kg	U Tom HURLEY	Duneske	35	Open	89.3	152.5	155 NR	89.6853
	3	3	90kg	U Andrew SCULLY	ACE	36	Open	89.9	150		87.855
	4	4	90kg	U Donal O DRISCOLL	Midleton	36	Open	88.6	125		73.875
	5	5	90kg	U Leo MCCABE	Duneske	32	Open	82.9	120		74.064
	6	6	90kg	U Stephen ROBSON	Rathcori	33	Open	83.8	112.5		68.9288
	7	1	90kg	U Adam DELANEY	Clara	17	T2	88.7	60		35.43
	1	1	100kg	U Derek DALY	Limerick	29	Open	98.1	140		78.246
	2	2	100kg	U David DOYLE	ACE	29	Open	91.6	100		57.93
	1	1	110kg	U Shane O DOWD	Midleton	29	Open	103.1	162.5		88.9363
	2	2	110kg	U Andy KING	Celbridg	25	Open	103.5	140		76.51
	3	1	110kg	U TJ MEEHAN	Clara	18	T3	109.3	120		64.476
	1	1	75kg	E Roy SCOTT	Navan	45	M2	74.6	115 NR*		76.7395
	1	1	82.5kg	E Mark MANDARANO	Clara	41	Open	81.8	182.5		113.698
	2	2	82.5kg	E Deasun O DUILL	ACE	27	Open	80.2	135		85.293
	1	1	90kg	E Patrik HALAI	Hercule	30	Open	87.9	182.5		108.387
	2	2	90kg	E Maksims SELICKIS	Latvian	27	Open	88.4	180		106.524
	3	3	90kg	E Leo MCCABE	Duneske	32	Open	82.9	140		86.408
	4	1	90kg	E Stephen REDMOND	ACE	40	M1	83.6	117.5		72.1098
	1	1	100kg	E Eddy O BRIEN	ACE	41	M1	96.9	190		106.818
	2	1	100kg	E Derek DALY	Limerick	29	Open	98.1	180		100.602

**Best Lifters:**

**Women, unequipped, BENCH PRESS**

1st Orla SMITH: 43.44 Points

2nd :

3rd :

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**Women, equipped, BENCH PRESS**

1st Orla SMITH: 54.3 Points

2nd :

3rd :

**Men, unequipped, BENCH PRESS**

1st Scott MC CONNELL: 107.416 Points

2nd Thomaz GRONOSTAJOKI: 97.585 Points

3rd Maksims SELICKIS: 91.729 Points

**Men, equipped, BENCH PRESS**

1st Mark MANDARANO: 113.6975 Points

2nd Patrik HALAI: 108.38675 Points

3rd Eddy O BRIEN: 106.818 Points







